

LAMBDA 18

LAURENTIAN UNIVERSITY'S OFFICIAL STUDENT PAPER
THURSDAY • FEBRUARY • 15 • 1990

Laurentian University

More Cutbacks Announced by Federal Government to Post-Secondary Education.

By: Susan Talamell

Beginning in the 1990-91 school year the federal government's plan to further cut funding to post-secondary education will come into effect. Bill C-33 was announced in last April's federal government budget and will, according to the Canadian Federation of Students, reduce funding over a five year period by 900 million dollars. Minister of Finance, Michael Wilson, states that through the EPF, funding will increase to post-secondary education. With the announcement of Bill C-33, and the proposed cuts, his statement directly contradicts his actions.

Previously, the Tory government, through Bill C-96 in 1986 reduced post-secondary education by a shocking 1.6 billion dollars over a period of five years. One has to wonder if fully accessible post-secondary education is really as accessible as it used to be.

As if these cuts are not bad enough, a recent budget leak shows that 50 million dollars will be cut from a portion of the Challenge 90 program known as the Summer Employment/Experience Development Program (SEED). This program has been cut back every year since 1986 and the government has justified these cuts by stating that unemployment rates have been falling. Curiously enough, however, unemployment rates remain at over 10% (except in Ontario).

July 1989 Unemployment Rates - Returning Students Aged 15-24

National	10.2
Nfld. & Labrador	17.9
Nova Scotia	15.5
New Brunswick	15.4
PEI	n/a
Quebec	10.3
Ontario	6.8
Manitoba	13.9
Saskatchewan	12.5
Alberta	11.9
British Columbia	16.8

-Statistics Canada-

The average cost to students for a year of post-secondary education runs at about eight thousand dollars. Does this government believe that by cutting funding to our schools and summer employment opportunities that education is still of high quality and fully accessible...obviously not...for the sake of Canada's future, we must do everything we can to help our colleges and universities aim for excellence in education. the future of our country is a stake, if we want to keep up with an increasingly competitive world." (Secretary of State - Honourably Gerry Weiner, June 1989 - House of Commons Debate)



**LAMBDA
PUBLICATIONS**
Laurentian's Official Student Press
Since 1961

Lambda is the official weekly student newspaper of, by and for the students of Laurentian University. Lambda is funded through a direct student levy by the members of the Students General Association, yet remains editorially autonomous for all University organizations, both student and administrative.

Lambda is a member of Canadian University Press (CUP) and as a member respects and upholds the CUP statement of Principles and Code of Ethics.

The Lambda Forum is governed by an open letter policy. However, we will not print any material which is deemed racist, sexist, homophobic, libellous, or in bad taste. All letters must bear the authors full name, however, printing of names will be withheld upon request.

Staff membership is open to all members of the Laurentian University community and is contingent upon three published contributions, or fifteen hours of volunteer work per half term.

Copy Deadline: Fridays at 12:00 noon.

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Womens' Conference Held

This past weekend, representatives from the Sudbury Women's Centre and Women Across Cultures attended an important three day conference in Ottawa. Representatives from almost all of Ontario's Women's Centres met to form a co-alition.

These centres throughout the province provide a range of services for women: from information, referral and support to crisis counseling and development of health services. Many of the programs are unique in their communities and are financially dependent on a variety of grants and donations. The irregularity of funding and wavering political commitment frequently jeopardizes the success of the programs.

One of the workshops at the Ottawa conference was led by Francoise David and Claudette Bedard of "L'R des femmes", the co-ordinating body for Quebec's women's centres. Quebec women centres created "L'R des femmes" to help

maintain adequate and stable funding for womens'; services in that province. the many counseling, referral and support services provided by these womens' centres have finally been given the recognition they deserve from their provincial government. Womens' Centres in Ontario are considering following the path created by the Quebec centres.

This conference created a network to co-ordinate efforts by the various member groups in Ontario. the conference follows several years of work by women across the province. Representatives from Sudbury's two women's centres learned a great deal about the struggles and triumphs of other centres and were excited to be among the founding mothers of this co-alition. This co-alition will become a very important channel for empowerment for organizations attempting to meet the many needs of women in this province.

Fizz Edder Report

Well, another week has come and gone, assignments are piling up and there seems to be no end in sight...but take heart, "Spring Break" (if you can call it that) is upon us! It's time to make the journey to wherever you call home, eat some real food for a change (no KD), and take a well deserved rest. The PHED Council would like to extend good wishes to all for a safe and enjoyable break. In addition, we'd like to remind PHED students that there is an open invitation to attend all remaining Council meetings, especially for those interested in working on/with next year's Council. Meetings are held every Tuesday at 4:00 pm in the Ken Bahnuk Lounge and will reconvene Tues. Feb. 27th (the Tues. after the Break). Remember, if you are interested or just want to know what it's all about, come check it out!

Thanks for your continued support.



Fizz Editors

Darren Campbell and
Doug Basso

NEWS

Brain enzymes might be clue to alcoholism

By Pippa B. Wyong

The presence of too much of an enzyme called catalase may be the marker of people who are likely to become alcoholic.

Dr. Zalman Amit, a Professor of Psychology at Concordia University, says that studies he did with rats demonstrated that the more catalase present in blood samples, the more the animals craved alcohol. "There is a very tight relationship with the activity of this enzyme in the brain and the affinity of animals to alcohol," he says.

He is currently studying the relationship between catalase and alcoholism in humans; his preliminary results suggest a significant correlation.

The results may lead to the development of a simple screening test for people who have a genetically high risk for alcoholism. Catalase levels and activity are "determined from the day you are born," Amit says.

Catalase is an enzyme that is found in all mammals' body tissues, including humans'. Its prime purpose in the body is to "eliminate hydrogen peroxide, which is a toxic by-product produced by the processes of metabolism," Amit says.

In the mammalian brain, catalase breaks down alcohol and produces a substance (acetaldehyde) that causes intoxication and a craving for more alcohol.

Acetaldehyde "is the primary metabolite of alcohol. When alcohol starts to get broken down, that is the first product that comes out," Amit says.

"Catalase controls drinking because it controls how much of

the alcohol gets converted to acetaldehyde," he adds. The more catalase present, the more acetaldehyde will be produced.

In animals or humans, catalase levels are established soon after birth. An individual's levels remain relatively constant thereafter—some people naturally have high levels, some lower ones. In Amit's studies of rats, the naturally higher levels are strongly correlated with a tendency to alcoholism.

Amit has begun studies to verify that this relationship holds true in humans. "So far, we have looked at about 150 (people)," he says.

Participants in the study give a blood sample and report how much alcohol they drank during the preceding month. Amit looks at the catalase levels in the samples and relates it to how much alcohol each person has consumed.

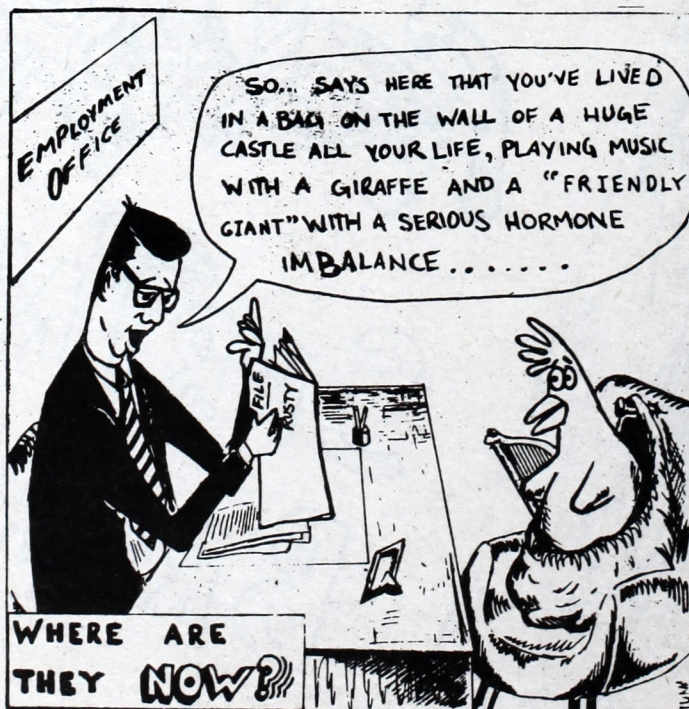
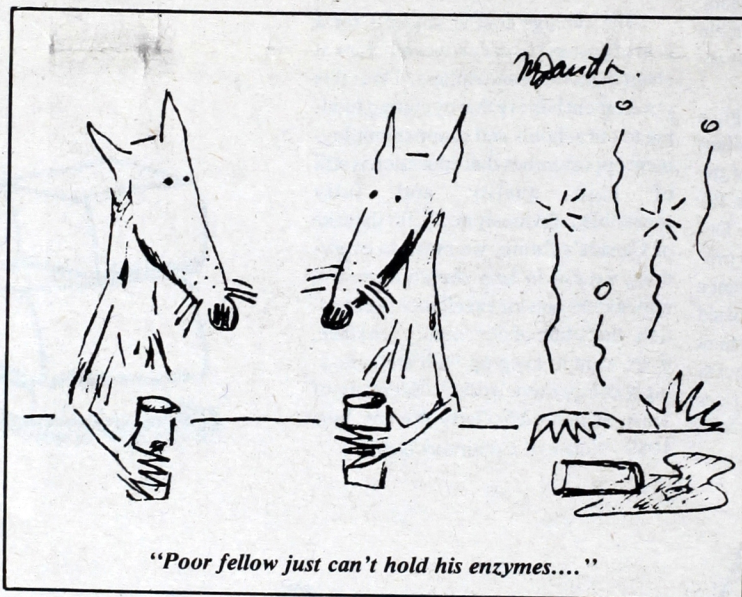
He is looking at samples from people who are everything from teetotalers to alcoholics and will be looking at another 150 samples before the study is complete.

The correlation between catalase and alcoholism was "quite significant" in the people studied so far, he says. "If the catalase level is higher, then the average intake (of alcohol) for the previous month is higher."

"It's essentially a confirmation of what we saw in animals," he says.

Amit's work has been supported by the Medical Research Council, the Natural Sciences and Engineering Council of Canada, and Quebec FCAR.

(Canadian Science News)



Nominations for SGA General Election

Feb. 5 - Feb. 16

OSAP Fraud

On August 8, 1989, Peter J. Langes appeared in Provincial Court in Thunder Bay, Ontario, charged with an offence under Section 18(1) of the Canada Student Loans Act.

Langes applied for Canada Student Loan funding through the Ontario Student Assistance Program (OSAP) for a 1987/88 course of studies at Lakehead University in Thunder Bay. In his application, he stated that he had not nor would not be applying to another province for assistance for the same study period. He was awarded a Canada Student Loan through OSAP. It later came to light that he had also applied for and received Canada Student Loan funding through the Manitoba Student Aid Branch.

Langes pleaded guilty to the charge. He received a conditional discharge and six months probation. This individual is now barred from receiving further financial help under OSAP and the Canada Student Loans Program.

D. A. Payne

SGA General Election

Mar. 6 and 7, 1990
9:00 am - 7:30 pm

Nominations for SGA Council

-Women's
Commissioner
-Men's
Commissioner
-Senators
-Executive

Close Feb. 16

Northern Lights

Northern Lights Festival Boreal presents the Children's Concert series "Popsicles & Piccolos" with "Rodney Brown" on February 24th, at Sudbury Secondary School's Sheridan Auditorium. We invite children between the ages of 3 and 11 to come; sing, clap, laugh and tap your toes. Doors open at 1:30 pm. Admission at the door \$6.00, Members \$5.00. Purchase advance tickets at: Records on Wheels, Black Cat, Doohickey's, Madrigal Stores-Southridge Mall, A+Plus Store-Paris Street, Durham Natural Foods-New Sudbury Centre and at the Northern Lights office 176 Larch. 674-5512.

University of Tyumen: Close-Up

By: Irina Gushchina, editor the *Leninets* newspaper

Tyumen, called by historians the mother of Siberian cities, was founded in 1586 on the steep bank of the Tura River 3,000 kilometres northeast of Moscow. Today it is a major industrial and cultural centre in Western Siberia. Large oil deposits prospected in the 1950's brought it fame as Siberia's oil centre.

University of Tyumen was set up in 1973 on the basis of the oldest teacher's training college. In the past 15 years it has become a leading educational establishment in Western Siberia. More than 6,000 students study at the faculties of physics, chemistry, economics, mathematics, biology, geography, philology, history, law, and Romanic and Germanic philology. Lately, the economics and law faculties have become especially popular. The number of students and professors at the university is determined by the state allocations received. Since the number of applicants is greater than the university can take, only those who show the best performance at the entrance exams are admitted. At the humanitarian faculties priority is given to the exams

in the native language and literature, history, and a foreign language, and at the technical, in mathematics, physics and chemistry. Preference is given to the applicants who have worked for at least two years, especially in the chosen speciality. The students receive a state grant of 50 roubles a month. It is not much, but you can live on it, considering that education is free and the hostel rent is five roubles a month. Besides, students can always find time and opportunity to earn a little extra.

The university has two hostels with all modern conveniences for students from other cities. But some students prefer to rent a flat or a room, although it is expensive.

The university has more than 400 lecturers, and 100 researchers, including 17 doctors of science. Recently the main department of the Northern Development Institute at the Siberian branch of the Soviet Academy of Science opened at the physics faculty. It is headed by Corresponding Member of the Soviet Academy of Sciences Robert Nigmatulin, an eminent scientist famous for his research into the

mechanics of multiphase systems.

Besides attending lectures and seminars, many students do independent research at scientific, sociological, archaeological and ecological laboratories. They are planning to take part in adult research work and to cooperate with research institutes. The best get increased stipends of 75 to 120 roubles a month and go to study to Moscow or abroad. The students take an active part in the university's management. The student council decides all issues hand in glove with the administration headed by Professor Aleksei Ivandeyev, D.Sc. (Physics and Mathematics).

We spend a lot of time, especially before the exams, at the university's reference library which has nearly a million books. The students' interests are not confined to education alone. In the evening they attend a folk group, an academic choir, a theatre studio, or go in for sports.

I think we have many common interests and problems. We have begun to build a bridge of trust and cooperation. Let it be durable and unite us.



Leninets - Lambda Exchange

We are very pleased to announce a new feature at Lambda. A week ago, Cindy Ives Bugeau, Acting Director of Communications and Alumni Affairs, contacted Lambda about an exchange of articles with Tyumen University in Siberia in the Soviet Union. Irina Gushchina, editor of *Leninets* newspaper at Tyumen university has kindly sent us two articles for publication in Lambda. We hope you will find these articles interesting and that this sort of information exchange will help us all have a better understanding of the Soviet people and their culture.

Tricalynn Morgan
editor-in-chief

Susan Talamelli
news editor

Our Deputy In Kremlin

Irina Volodina, student of Tyumen State University

This past spring Sergei Vasiliev, 27, a postgraduate at our university's history department, was elected people's deputy from the Tyumen electoral district. He outran 10 rivals and won 70% of the votes.

We were attracted by Vasiliev's program which stipulated measures to carry out an economic reform, switch over to territorial cost accounting, and raise the material standards of pensioners, young families, and students. Sergei popularized his ideas during various rallies and demonstrations. He does not consider himself a professional politician but believes that every people's deputy must have a professional approach to political affairs and, hence, study law, history, social psychology, and economic problems.

Perestroika is associated in the USSR, above all, with democratization and openness. but Vasiliev notes that many treat this process only as unlimited freedom. It is vital to understand that the democratic mechanism is an instrument of reforms. But it cannot guarantee that tomorrow there will be a large choice of goods in Soviet stores. Freedom is a moral category. All efforts in the political, economic, and cultural field are senseless if people's moral standards are not raised. Genuine freedom means understanding of one's rights and duties and ability to find real ways of development. But searches for optimum solutions is a complicated and even painful process. It is especially important to take into account the specific historical situation while making a political choice. Not all deputies manage to correlate their political programs with realities. Thus, Vasiliev believes that Andrei Sakharov is an

outstanding scientist and humanist but not a very strong politician. Sakharov's proposals are often abstract and declarative and do not consider the socio-economic situation in the country.

In Vasiliev's view, the past Congress of People's Deputies showed that we have chosen the right way. It exposed acute problems that call for an urgent but not hasty solution. Our laws must be comprehensive and well-thought-out. Sergei points out that their texts need to be elaborated in the commissions and not during heated debates at the session. This is not always the case and, as a result, a number of issued documents still need amendments.

There has of late been much talk of a crisis in the Soviet Communist Party. Vasiliev holds that the Communist Party is the only force having a constructive program of action. Any political party may live through ups and downs. It is vital to draw timely conclusions. Sergei is sure that the Party has done this. While backing the Party, he sharply criticizes Party red tapists and careerists.

The work of a deputy takes nearly all of Vasiliev's time. He is unmarried and is assisted by his mother, an engineer, father, a plant manager, and younger brother, a college student. These three help Sergei with the mail and numerous telephone calls. They also "exempted" Sergei from work on the family's gardening plot and other home chores.

In his spare time Vasiliev likes to paint and play the guitar. His favourite writers are Feodor Dostoevsky and Ivan Bunin.

Deputy Vasiliev regards as his main task to awaken people's dignity and make them think. In his view, this is an indispensable condition for the progress of Soviet society.



above left---The main building of Tyumen State University. Photo by Nadejda Yartseva.
left---Sergei Vasiliev, 27, a postgraduate at Tyumen University, elected People's Deputy. Photo by Nadejda Yartseva

From the Editor's Pen



Tricialynn Morgan - editor in chief

The city of Sault Saint Marie made a very bold and a border-line riot causing decision which I might add was supported 9-2 in their council and supported by a petition signed by 25000 people of the some 80000 members of its community. Many claim that the residents of the Sault are racists and bigots. Funny, I've never heard a single word about racism when Quebec invoked its infamous sign law. If the Sault wants to get rid of a service which is used very little against the storm of socio-political ideology we simply call bilingualism then good for them and bravo to their courage.

A lot of newspapers, reporters, etc.. like to say that the decision of the Sault is indicative of English hatred of French or that this measure is in response to Meech Lake or the sign law...to all of you, GROW-UP. A city council is not going to jeopardize its security simply to make a statement.

I don't think you'll find a freer country anywhere but if you want to turn this issue into a hate-mongers session or a serious blow to bilingualism then consider this; How can a city who claims itself unilingual be such a big issue when a whole province goes unilingual and it's O.K. because they're Quebec.

We as a country should strive to accept what is different about each

other. Listen and learn people, this is our country, not a French person's or an English person's or an Italian's. There is really no saying which is better but if the Sault feels strong in its convictions then Good Luck to you Mayor Joe Fratesi. What Canada has to accept is all the different cultures which make up the country. We shouldn't be all French or all English. Revel and be proud of the difference.

"There is no such thing as a model or ideal Canadian. What could be more absurd than the concept on an "all-Canadian" boy or girl a society which emphasizes uniformity is one which creates intolerance and hatred. A society which eulogizes the average citizen is one which breeds mediocrity. What the world should be seeking and what we in Canada must continue to cherish are not concepts of uniformity but human values; compassion, love and understanding. Our standard in all our activities should be one of excellence but our routes to its achievements may be as numerous as there are Canadians who pursue it."

Pierre Elliot Trudeau
1971



Competency Test Reconsidered: A Suggestion... (To Cheryl Borthwick & Co.)

Cheryl...let me begin with a question. "Are You Competent?" I was almost literally sickened while reading your article of the same title, in last week's Lambda. I have had it up to here (I'm pointing to the top of my head) with INcompetency.

As you correctly stated, almost 50 students had not received their degree last year because of failing the competency test. Please tell me one thing. Why the hell are you blaming "other" people (ie. profs & administration)?! It's a pretty poor musician, Cheryl, who blames his instrument for the dissonant racket he produces.

Let me tell you a little story. During his first year here, a guy I know (very well) wrote the competency test. He received a 1 and was quite pleased. One day later on in the year, a girl asked him if he would keep her company while she took a second crack at it (competency test). So, the guy went and wrote the test again (this time for fun), thinking since he'd already received a "1" he was O.K. regardless. As it turned

out, the fellow received a 2. He then had to write the test a third time since they (admin.) held that to be his current mark. So, at the next scheduled testing day, this guy walked in with a "2" and walked out with a "1" (again).

The moral of the story, Cheryl, is simply this. The boy was just an average student who found that deep inside, he was actually worth a "1". He didn't go complain to administration officers but rather found it in himself to beat the supposedly insurmountable odds. What I guess I'm trying to tell you and the rest of your 2's, 3's, and 4's, is to go write the test with a positive outlook for once! For those of you who do fail the test I have no pity whatsoever. If you can't write clearly, concisely and coherently on simple topics, perhaps the only alternative you have is to get not "the hell out of LU" but rather... get the hell out of the Arts!!

Sincerely,
Ron Thomas Malboeuf

Fines Lines

Freedom of the Press...
Fact or Fiction?

—By: Susan Talamell—

If I wrote fiction for a living, life would be so easy. As a newswriter, people say there is plenty of topics about which to write; poverty, politics, social injustice etc... But really, a newswriter finds themselves walking a fine line when it comes to what or what not to say. For example, last week, a student approached me about a news story for Lambda. She was very upset about an incident that happened to her at a local store and wanted to make sure that other students would not get "ripped-off" by the same merchant. So, I took this story and called the police for details...nothing. I called Consumer Affairs...nothing. Then I called the merchant herself who told me that if I printed one word of it, my editor, Lambda, and myself would be sued for liable. Now, having done some other checking, my facts are straight. But, if I go to print with my story, I'll spend the next three years in court. I can't afford the time or the money even though I'm in the right.

A lot of people are under the impression that as long as a story is well researched and all facts are confirmed, then there is no reason for a story not to go to print. But you tell me...even in a small University paper is there really any freedom of the press?

P.S. This is for you Joanne!

LETTERS

An Open Letter to a Landlord (or My First and Last Year at Laurentian)

Judging by student morale in the twilight of this school year, I'm obviously not the only one who feels shafted by this institution of "higher learning". This has been the worst year of my school career in terms of outside interference. When will Big Brother (Administration) stop ramming impersonally choices and decisions with no apparent forethought down our already sore throats? The latest library scandal has only strengthened my resolve to seek out more intelligent university administrators, and boldly go there! It is really quite a shame as this campus is a beautiful big kingdom with marvelous people but, the "Royal Family" seems to be working for themselves instead of the people who put them there. So to all you shrewd executives who control the money, I'm taking mine elsewhere! Not everybody is afraid of the Big Bad Wolf you know.

Bill Cooley

ALL MEN ARE MORTAL.
SOCRATES IS MORTAL.
THEREFORE
ALL MEN ARE
SOCRATES.

AN EXAMPLE USED IN
PROFESSOR LUDWIG'S
SYLLOGISM EXERCISE
SOON RUNS INTO
A FEW SNAGS...



Graphic/ The Fulcrum

To all Members of Senate of Laurentian University

You are hereby notified that the Seventh Regular Meeting of Senate (1989-1990) will take place on Thursday, February 15, 1990, at 2:00 pm in the Senate Chamber.



**PREGNANT
AND NEED HELP?
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We Provide Free
Pregnancy Tests,
Medical Referrals,
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Legal Advice.

Dear Editor:

As a person who actually "works" in the Library, I do wish you would get your facts straight.

The library is only closed from Feb. 12 - Feb. 19, which is the week before spring break. The university is closed every year on Feb. 19, because of Founder's Day. Obviously if someone has an essay due that week, they should have their books before then, or it is their own fault for leaving it to the last minute.

As for finding books. If people would not steal them, they would be on the shelf where they are supposed to be. I've also never refused to help a person search for books.

The reason for moving in February is not to inconvenience the students. The space must be vacant in order to be renovated during the summer for the new occupants,

before the upcoming year. Either way, a referendum would not solve anything.

The new library is something Sudbury and Laurentian can be proud of and is not simply "A very lovely building." A lot of money has gone into this building, so why should it remain empty for four months?

By the way, Tricialynn, the new library is much less inconveniencing than the old one with all of the circulating books located on one floor. If you know your alphabet, you shouldn't have trouble finding books.

Yours truly,
Dawn Anderson

P.S. This university does not need more bad press, especially from one of its own.



Question of the Week

Sue's News Cruz

Question of the Week. "In light of the upcoming SGA nominations for council, do you feel that Brent Bostrom (SGA president) has fulfilled his presidential mandate this year?"



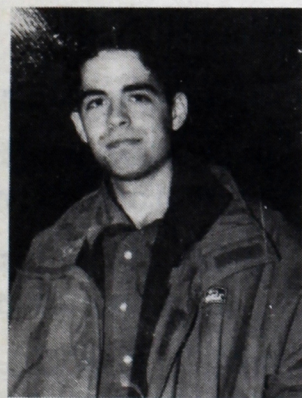
Allison Gould - 2nd yr. psychology
"I think he has, during the strike he provided a unifying force for the students."



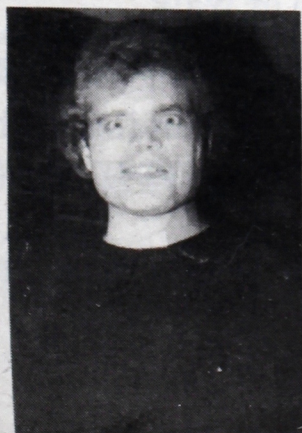
Dr. John Gonder - Dean of Arts
"Yes. In those activities in which I have had a chance to see him in action."



Denyse Boxell - 1st yr. Social
"No...Being an off campus student I don't feel a part of events on campus. Only my studies link me to the university. As far as being a bilingual council I only know of one member who is functionally bilingual."



Dave Maguire - 1st yr. Social Science
"I think he has. He seems on top of things most of the time."



Yves Bureau - Pres. Neuroscience club 3rd yr. neuroscience
"Offhand, I have no criticisms. With that criterium I'd say yes. The drug plan was a good action."

NEWS

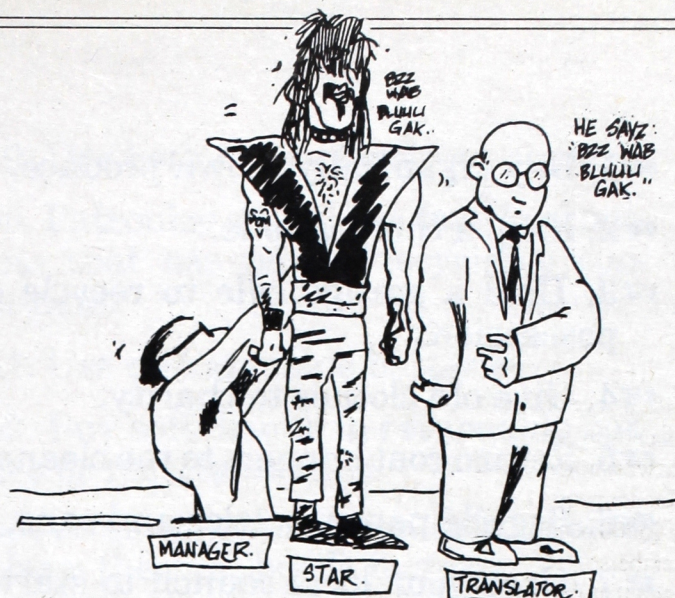
Tips on Safe Travelling

By: Audrey Wageman

A lot of us Laurentian students are anxious for reading week (an understatement). And, quite a few of us are going to beautiful foreign tropical lands (a lot of effort to get a fabulous sunburn). To avoid those mishaps in that paradise of sun. I've got a few tips that will ensure your safety and security.

1. always be friendly to hotel staff
2. Tip if it's expected policy of travellers, (and if you're at a market place or town, bring juicy fruit gum or small Canadian change for the Kids; they're the only ones who can get you a cab when you need one!)
3. if you really want to bring valuables, like jewelry (not a very good idea), at least keep it out of eyes view in your hotel room.
4. when you carry a purse, try to wear the ones that are attached to your belt (the ones with the pouches in front)
5. don't go exploring where hotel staff has suggested not to go (really nasty things could happen in those places). A really good bet is to have a guide from the hotel with you if you really want to have a peek at these places.
6. when you leave the resort make sure somebody else knows where you went.

Remember to bring sunscreen (bathing suit not necessary in some countries); use your common sense and also remember that you're in a foreign place where things are a lot different than at home. Have a good time!



STUDENT, GO HOME CHEAP BECAUSE:

You'd be surprised how many people filled in this blank to enter our contest for the best reason for going home (Cheap!) with Gray Coach. (We particularly liked the 1400 word essay on why Camus would have bought a ticket. He didn't win...there's a 25 word maximum.)

There's still time to enter - and win a voucher good for a free return trip to anywhere we go. Mail your entry (with your name, address and phone number, so we can arrange your prize!) to: Gray Coach Student Contest, 180 Dundas Street West, Toronto, Ontario M5G 1Z8.

Gray Coach



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DOWN ON YOUR LUCK, NEED THAT EXTRA BUCK?

The following scholarships/bursaries are still available. They will be awarded primarily on the basis of financial need: other eligibility conditions are outlined below.

1. J.P. Bickell Foundation
- any year, Geology or Engineering program
2. Semple-Gooder Award - \$300
-restricted to native student, any year of any program
3. Brent Pollock Memorial Bursaries (2x\$500)
-student's parent must be a member of Local 6500 (U.S.W.A.)
4. Alumni Bursaries (3 @ \$150)
-any year, any program, part-time enrollment
5. The Angela Pries Memorial Award - \$100
-academic achievement and financial need, Tran/Int. Program

Application forms are available in the Student Awards Office
Deadline for Submitting Completed Application forms is
Friday, February 23, 1990

- ☞1. Buy organically grown produce.
- ☞2. Keep a compost pile.
- ☞3. Hold a garage sale to recycle old possessions.
- ☞4. Give old clothes to charity.
- ☞5. Return coat hangers to the cleaners.
- ☞6. Recycle paper, bottles and cans.
- ☞7. Urge your local council to start or expand recycling programs for garbage.
- ☞8. Don't buy over-packaged foods.
- ☞9. Tell your supermarket manager you won't buy over-packaged products and write a chain with the same message.
- ☞10. Use cloth, not disposable, diapers.
- ☞11. Take your own paper or plastic bags to the supermarket for your groceries.
- ☞12. Use unleaded gasoline.
- ☞13. Use a timer or programmable thermostat on your furnace, so the heat can be turned down during the day or night.
- ☞14. Take fewer, cooler and shorter baths or showers.
- ☞15. Use companion planting in your garden, rather than pesticides. For more information, write to the Ecological Agriculture Project, Box 191, Macdonald College, Ste Anne de Bellevue, Que., H9C 1C0
- ☞16. Use your dishwasher only when it's full and keep it on energy saver cycle. Wash large dishes and pots by hand.
- ☞17. Don't use disposable dishes and utensils.
- ☞18. Buy energy-efficient appliances and automobiles.
- ☞19. Install double-glazed windows at home.
- ☞20. Lower the tempature of your hot water tank.
- ☞21. Turn the water off while brushing your teeth.
- ☞22. Install energy-efficient glass doors on your fireplace and limit use.
- ☞23. Switch your heating system from oil to gas, electricity, or solar.
- ☞24. Use natural fertilizer for gardening.
- ☞25. Hand pick dandelions and weeds instead of using chemical weed killers.



7

WAYS TO SAVE THE E

*Think globally, act locally
Here are 70 ways you can*

- ☞26. Plant a tree, a shrub, and lots of flowers.
- ☞27. Don't destroy trees or shrubs.
- ☞28. Use cloth, not paper, napkins.
- ☞29. Hang clothes to dry.
- ☞30. Ride your bike or walk.
- ☞31. Use biodegradable garbage bags.
- ☞32. Use bug-repellent candles rather than chemical coils or spray insecticides.
- ☞33. Use a live Christmas tree, then plant it.
- ☞34. Organize a community garden.
- ☞35. Reuse glass jars to store leftovers.
- ☞36. Use a lunch bag for lunch.
- ☞37. Replace low-pressure valves on your tires.
- ☞38. Wash most of your car by hand.
- ☞39. Put a spray hose to save water.
- ☞40. Stop using coffee grinders and hand.

O AYS AVE ARTH



*ly, that's what folks say.
n get your act together.*

pool.
plastic containers
x or reusable cloth
seals and faulty
et.
hing in cold water.
zzle on the garden
electric can-openers
and do the work by

- ☞41. Use garbage cans, not plastic bags.
- ☞42. Turn off lights, heaters and fans when they're not needed.
- ☞43. Ride the bus.
- ☞44. Use cloth towels, not paper towels.
- ☞45. Don't use plastic straws.
- ☞46. Ask everyone at the office or school to bring his or her own mug for coffee or tea.
- ☞47. Reuse envelopes.
- ☞48. Keep your automobile in good repair, especially its exhaust system.

- ☞49. Use both sides of writing paper.
- ☞50. Patronize only those fast-food outlets that use paper, recyclable containers.
- ☞51. Use rechargeable batteries.
- ☞52. Buy soft drinks in returnable bottles or recyclable cans.
- ☞53. Avoid plastic coated drink boxes. Use a thermos bottle instead.
- ☞54. Use energy-efficient light bulbs.
- ☞55. Put a tank dam in toilet to conserve water with each flush.
- ☞56. Keep your furnace in good working order and replace filters regularly.
- ☞57. Use cosmetics with natural ingredients.
- ☞58. Make furniture polish by mixing 1.5 teaspoons of lemon oil with one litre of mineral or vegetable oil.
- ☞59. Make an all purpose cleaner with 100 millilitres of ammonia, 100 ml white vinegar, 50 ml baking soda and two litres of water.
- ☞60. Buy eggs in cardboard cartons and recycle them for children's crafts.
- ☞61. Double check labels on spray cans to ensure they don't contain ozone-destrorying CFCs in the propellant.
- ☞62. Stoop and scoop your pet and flush droppings down the toilet.
- ☞63. Seal home doors and windows.
- ☞64. Use every drop of paint, shoe polish, and toxic cleaner to ensure the stuff doesn't wind up in the dump; or pour paint remnants into one can, clean the other cans and send them off for recycling.
- ☞65. Ensure your home is well insulated.
- ☞66. Choose your house plants, such as the spider plant, which absorb airborne toxins.
- ☞67. Choose wall and floor coverings and furniture made from natural products. Particle board and plastic emit toxic gases.
- ☞68. Use ant and roach traps instead of chemical sprays, or switch to a natural insecticide like diatomaceous earth.
- ☞69. Encourage your school board to teach enviromental studies.
- ☞70. Start a local enviromental group.

*Information supplied by Environment Canada.
Prepared by The Capilano Courier
Lay-out design by Lorne Hanks*

Things They Don't Tell Ya But Ya Oughta Know

Stolen from *The Gauntlet*.
Re-arranged and augmented
by the *Meliorist*.

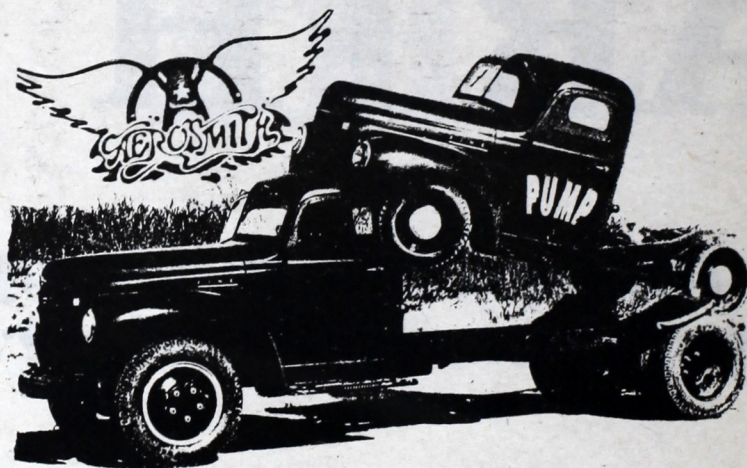
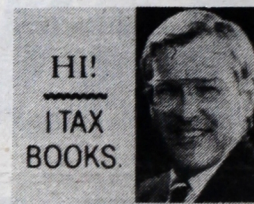
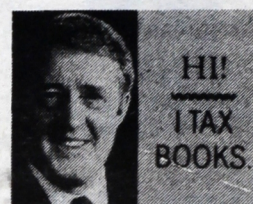
1. Don't go to class if you read it in the book. Professors are boring.
2. Don't read the book if you can learn it in lectures. Reading is boring.
3. Only keeners get lockers. The rest of us have backbones.
4. If you know you're not going to read the book, don't buy a copy. Steal one.
5. The words "Cabaret" and "Mid-term" are interchangeable.
6. In the course outline, "weekly assignments" really means "team assignments". If you have a team of 13 people, you will only have to do one assignment all semester.
7. Deadlines are flexible. Begging, bargaining, and blackmailing will get you everywhere.
8. Remember: Drinking and studying don't mix. Pick one and finish it first.
9. Professors may try to act human. They're not.
10. Once you graduate, nobody ever looks at your first and second year grades. Well, almost nobody.
11. The word "term" (as in "term paper") doesn't mean the whole term. Who are they trying to kid? It really means one very late night with a lot of coffee (or *Jolt* Cola).
12. Don't buy a jacket with the University logo on it unless you know you are going to pass the first year. These jackets look really foolish at L.C.C.
13. Brush after every tutorial.
14. Tootie, Blair, and Jo are gone. It's the new Facts of Life.
15. No matter how late you sched-

- ule your first class, you will sleep through it.
16. A diet of Natchos, Cheez Balls, coffee, donut holes, cigarettes, and beer will only last one semester. Then you will get scurvy. Be sure to drink Tang as well (Vitamin C added).
17. You were smart in high school. SO WHAT?
18. If you want to smuggle books out of the library, there is a window on the sixth floor that opens. Use a rebounder, or a few pillows, anyway.
19. There are some very easy courses which will fulfill your Arts & Science requirements. You don't have to take Math 1560 or English 2800, but you can try.
20. If you walk into the wrong classroom on the first day and wake up in a Management 2000 lecture, leave at once. Embarrassment is better than brain damage.
21. We timed the campus cops in the 100 m dash. How fast do you think they ran? And hurdles? Forget it.
22. No, the gang does not meet at Pop's Chock'lit Shoppe after school.
23. There is nothing more helpless and irresponsible than a campus patroller when he sees a car parked illegally. Don't let it happen to you (be afraid, be very afraid).
24. University residence is not like Animal House. It's much more perverse.
25. No matter what your friends tell you, "Sorority House Wenches" was just a movie.
26. 911 is the emergency phone number for police, fire and ambulance. They do not deliver pizza.
27. Be sure the elevator is present

- before you step through the doors, especially on the 9th level.
28. Trust no one. That cute blonde in Phil 1000 giving you the eye is not after your body, but your notes.
29. Never trust a drooling professor.
30. No one trusts you either, so it's okay.
31. Where were your professors in the late Sixties, and just what were they taking? Think about it.
32. **CFLR** is the Campus radio station. It's not too hard to find. Just look for a group of people who have never heard of a comb, or look like they shop at the Salvation Army.
33. If you have to send that pretty blonde a message in Three Lines Free, she is NEVER going to know you exist. If she knows you already, she hates you.
34. Be sure to use your student loan money properly. Wait until Ranch Cycle is having a sale.
35. Typing papers is really not necessary. Professors really are impressed by good hand writing and Grand Marnier.
36. The telephone operators at 411 do NOT know where you are calling from when they ask. Save a quarter and lie.
37. If the pretty blonde sends you a message in Three Lines Free, she is really serious.
38. The doughnuts at Food Services can be used for bookends or boat anchors. DO NOT EAT THEM!
39. Contrary to popular belief, fraternity members do not make it with the Dean's wife or the mayor's 14 year old daughter.
40. If you are bored on Tuesday nights, visit Room D610C.
41. Marriott Foods' hamburgers

- contain NO natural protein. In fact, they contain nothing natural or organic.
42. The *Meliorist* is a mad-house. Just think about what you're reading.
43. It is not wise, when called to the President's office, to walk in with a cigarette hanging out of your mouth and yell "Yo! Shorty!" Especially if you don't offer him any of your beer.
44. Only first year Res students have to buy the Board plan! The rest of us know where the DQ is (right by the Duke, of course).
45. Only first year students have short hair. The rest of have learnt better.
46. You don't have to know how to spell any more. That's what word processors are for.
47. Your nine o'clock class will be in PE-242 and your ten o'clock class will be in E-690. You will always be late for your ten o'clock class.
48. Only keeners or shave-tails study on the weekends; the rest of us either drink beer or work so we can afford to drink beer.
49. The Registrar's office is at one end of the building; the Cashier's office is at the other end. You have

- to walk from one end to the other and back again. This is the most exercise you will need during the course of the semester.
50. Ignore the screams emanating from Student Affairs. Just be glad it's not you.
51. Avoid **Bostrom** unless you have a bandwagon handy.
52. Apply to be a **SGA** Rep. You'll need some time to sleep.
53. Don't become a Poli Sci major. They remove your 'nads so you can safely become a bureaucrat.
54. Avoid Education unless you're a sadist. Remember what your teachers were like.
55. Those who can't do, teach; those who can't teach, administrate. Those who can't administrate become Management profs.
56. If you're too stupid for Arts & Science, become a Drama major.
57. Avoid English unless you really like to read long, boring, turgid, redundant books that no one else ever reads.
58. Don't make love in Res unless you're an exhibitionist.
59. Do not live in Res unless you're a voyeur.
60. Don't let on, but they only give you a piece of paper at the end.



Aerosmith - "Pump"

By: Jeanne Skelly

It's good to see that the Bad Boys of Rock 'n Roll are still "Pump"-ing out great party music and cruisin' tunes.

Since Aerosmith cleaned up their act during the mid-1980's, as far as drug and alcohol abuse is concerned, they have regained their prominent standing in the Rock 'n Roll music industry.

Their latest album "Pump" is quickly gaining momentum. It has received hours of airplay between the radio and the Much Music Station. "Love in an Elevator" quickly gained success along with "Janie's Got a Gun", a powerful video dealing with the problem of incest.

Even if rock bands are known for their crude lyrics and sexist videos, it is good that they can also use their musical influence to make people aware of important issues such as incest.

The new album seems to retain the style of their music from the seventies; raunchy, sleazy, good ol' time Rock 'n Roll. These wrinkled rockers have shown, and will hopefully continue to show, that they still have the power & experience to compete with the new "Glam Rock" pretty boys of the last decade.

Good music can never die or at least as long as Aerosmith is still in the recording studios.



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Jive Bunny swings into the 90's

Jive Bunny and The Mastermixers
(WEA Music)

by Ryan Dahlman

First, if you like fifties' and sixties' music, you might like this tape. It's meant to be a dance tape. If you like to jive, this tape is for you. Four out of the eight songs can be jived to easily.

The idea for the tape is along the lines of "best hits" or "best plays" on a sports hi-lite package. A group of people in England took songs from the past and mixed them together to make their own songs. The idea isn't bad and, considering the barrage of "greatest hits" tapes to come out recently, the timing

isn't bad either.

There are some good tracks on this tape. "Do You Wanna Rock" has a few newer songs mixed in with the older ones, has good rhythm and the editing between songs is very well done. "That's What I Like" has a good mixture of songs like "Runaround Sue", "Great Balls of Fire", and "The Twist" to name a few. It's a fast flowing song and is a good

review of songs in that era of music.

For the most part, the songs on this tape are recognizable and are mixed well. However, the tape has problems. There are a few tracks which are pretty lame. The "Glenn Miller Medley" and the "Swing Sisters Swing" are, at best, elevator music. The Mastermixers reach way back to the forties' for songs on "Swing

Sisters Swing."

The Mastermixers are inconsistent in their mixing quality as well. For example, on some songs like "Swing the Mood", the song flows together, and on "Lover's Mix" it is very choppy and the song doesn't flow well at all.

There are a lot of little things too. You'll get sick of "Tutti Frutti" and "In the Mood"

because of overuse on the tape. The titles of their songs are unoriginal and the concept of *Jive Bunny and The Mastermixers* is childish and commercial. Also, the songs are sometimes too long and you'll wish that they would end. Finally, a few different and newer songs mixed in would have made this a much better tape.

Theatre Department Presents Play

The Thorneloe College Theatre Department cordially invites you to a "Season of Louisiana Plays."

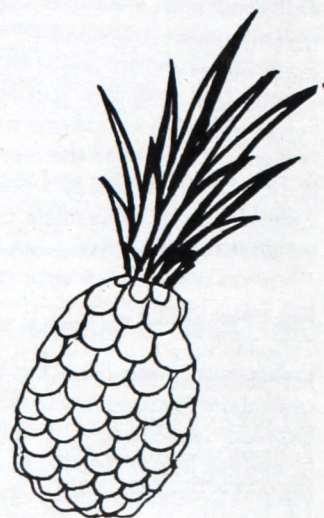
The first play is *Steel Magnolias* written by Robert Herling. This popular play, directed by Dr. Mark Schoenberg (artistic director of

Sudbury Theatre Center) will be performed by theatre students from THEA 3115. Performances will take place on March 8, 9, 10, at 8:00 pm at the teachers' College Auditorium of Laurentian University.

The second of the two plays is *Suddenly Last Summer* written by Tennessee Williams. Directed by Dr. Wayne Fulks of the Thorneloe

Theatre Department, this play will be performed by students from THEA 2115. Performances will be on March 29, 30, 31, at 8:00 pm at the Teachers' College Auditorium.

Tickets for both plays will be \$5.00 for general admission, and \$3.00 for seniors, unemployed, and students. For more information please call 673-1730. Tickets will be available from Theatre Department students and at the door.



COMING SOON

NIGHTBREED

Keep readin' Lambda, and watch for Jeanne Skelly's most frightening, god awful gory review of Night Breed.

NIGHTBREED

Twentieth Century Fox

From the beginning, there have been monsters....

When we humans, the Naturals, were huddling in caves, the night belonged to countless extraordinary beings. Shape-shifters, werewolves, things that fed on blood and flesh: The Nightbreed.

They are remembered in camp-fire stories, and in horror movies. But they are not extinct. Though we Naturals have dominated the earth, a few of the Nightbreed survive.

Their refuge is a place called Midian. There they hide, fearful of the light, waiting for a Saviour who will lead them in a final battle against their most hated enemy: Man.

Clive Baker's (writer/director of "Hellraiser") epic horror film "Nightbreed" is slated to open across North America on February 16, 1990.

Meet the Breed

Le Roy Gomm	Lude
Shuna Sassi	Kinski
Narcisse	Boone
Chocolat	
Peloquin	
Otis and Clay	



MIDIAN

Hidden beneath a cemetery in the wastes of North Alberta is the city of the Breed: Midian. It has grown over the decades, as lost Breed have found their way to the refuge, covering their tracks to be certain no Naturals ever followed. But no home is forever. However careful they are, rumors about Midian have spread in the last few years. The Breed know it is only a matter of time before their hiding place is discovered...



LeROY GOMM

For every smile the clown prince of Midian raises, there's usually a howl of horror to follow, for Gomm's body conceals two other occupants: snakes with an appetite for sucking out human eyes. He loves them as if they were his children, and they love him back, just as long as he keeps them fed.



BOONE

For years, Aaron Boone has been dreaming of a terrifying journey. At its end is a place he's heard lunatics whisper about. *Midian*: the last refuge of the great tribes of monsters, a place of death and darkness. He's about to have these dreams made reality, but in a way even his wildest imaginings could never predict. For the Nightbreed need a hero, and whether he likes it or not Boone is about to become that man...



PELOQUIN

Introducing the great rebel of Midian. Always hungry for meat -- preferably human meat -- Peloquin is one of the Breed's most powerful and dangerous members. His bite is lethal. His victims, however, possess life after death. They rise again, now sharing his appetite for blood and destruction.

HEALTH

THE TRUTH ABOUT CAFFEINE

More Than A Quick Pick-Up

Americans drink five hundred million cups of coffee a day, and consume more coffee than any other country in the world. Four out of five Americans have two to four cups every day, while twenty-five percent qualify as true caffeine addicts by drinking more than five cups in a 24-hour period. Coffee, of course isn't the only source of caffeine; caffeine also occurs naturally in nonherb teas, in cocoa and chocolate and is an additive in certain kinds of aspirin, cold remedies, diet aids, and colas.

Cutting down on caffeine makes sense for a number of reasons, but perhaps the most important is that caffeine is medically classified as a poison. Around ten grams of caffeine—as much as might be found in seventy to a hundred cups of coffee—can be fatal.

Side Effects of Caffeine

Caffeine has some beneficial effects. It stimulates the central nervous system to help keep people alert and increase their stamina. It can relieve certain types of headaches by constricting blood vessels in the brain and can reduce muscle tension by increasing blood flow to the muscle cells.

Adverse effects can include the inability to fall asleep, interrupted wakeful sleep, mood changes (anxiety, depression and irritability), heartburn, stomach upsets, increased headaches and irregular heartbeats. Caffeine-sensitive individuals or occasional caffeine consumers find these effects to be more dramatic. Heavy coffee drinkers often become desensitized to some of the adverse effects but they also become dependent on its stimulant effects. For them caffeine reduction often brings headaches and withdrawal symptoms.

Excessive caffeine is not recommended for women trying to get pregnant, for pregnant and breastfeeding women or for individuals with an active ulcer. Some women with fibrocystic breast disease have reduced symptoms of pain and tenderness after avoiding caffeine. Moderation or abstinence for these individuals is the prudent choice.

Cardiac disturbances which include irregular heartbeats and temporarily increased blood pressure have been documented with caffeine consumption. Whether caffeine can actually cause heart disease and/or heart attacks is a



Coffee isn't the only culprit—nonherb teas, cocoa, chocolate, colas, and many aspirins, cold remedies and diet aids also contain caffeine.

hotly debated issue with no conclusive evidence. The scare that coffee consumption can cause pancreatic cancer has been disproved with further research.

Caffeine has been found to decrease the body's absorption of iron and to some extent calcium. For best absorption of these nutrients, caffeine should not be consumed with high iron and calcium food sources.

Limiting Caffeine

- ☒ Taper off your need for caffeine by keeping busy.
- ☒ Lower the brewing time to reduce the amount of caffeine released.
- ☒ Try coffee-substitutes like Postum, Kava, Pero, Cafix, Duran and Roastaroma.

JUNK FOOD JUNKIE?

How to Kick the Habit

We know why they call it "junk" food—it has little if any nutritional value, is often high in calories, fat, sodium, sugar, and refined flour—but we eat it anyway. We like it, even though we may feel guilty after we indulge. The fact is, an occasional bag of potato chips or hot dog with the works won't kill you, but when junk food becomes a regular part of your diet, it can interfere with your nutritional health. (Junk food can fill you up so that you don't feel like eating more nutritionally balanced meals.) So, if you're a junk food junkie, try these tips for breaking your habit. Start gradually, making one change at a time.



Instead of soda pop, make your own soft drinks by mixing 1/2 cup fruit juice with 1/2 cup plain carbonated water or sodium-free seltzer.

If you give yourself time to adjust to new habits, you'll be more likely to keep up with them. You won't feel as if you're depriving yourself, and with each successful step, you'll be motivated to follow through with the next. If you're like most people, it would be unrealistic to think that junk food will never pass your lips again. But it's very realistic—and healthful—to make simple changes in your eating habits to help limit the amount of junk food you eat. Why wait? Junk food should be the exception—not the rule—for healthier eating habits. You may even discover that "real" food isn't half bad.

TIPS FOR KICKING THE JUNK FOOD HABIT

- ✕ Begin by switching to the low-salt variety of your favorite snack chip or cracker—it's a start!
- ✕ If sweets are your downfall, try baking your own treats and reducing the amount of added sugar and fats by half.
- ✕ If you are quite certain that you can't live without candy, save it for a special occasion rather than an everyday indulgence. (For instance, you might allow yourself one candy bar on Sundays only.)
- ✕ Choose popcorn instead of potato chips for a quick snack. (First try your popcorn without the added butter; then try it without the added butter or salt.)
- ✕ Pretzels (unsalted) are a better choice than chips since they are lower in fat.
- ✕ At fast food restaurants, opt for a plain burger rather than deep-fried chicken and fish sandwiches, or share a portion with a friend.
- ✕ Instead of soda pop, mix 1/2 cup fruit juice with 1/2 cup plain carbonated water or sodium-free seltzer.
- ✕ Instead of an ice cream sundae, try a low-fat frozen yogurt dessert, or a frozen fruit juice pop.
- ✕ When you have pizza, at least eliminate the high-fat meat toppings (sausage, pepperoni, meatball), and try bell pepper, onion, mushroom, or a combination of vegetable toppings.



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ROUND EMPLOYMENT.

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COME JOIN OUR TEAM

APPLY WITH RESUME TOGETHER WITH THE
HOURS YOU ARE AVAILABLE TO:

CANADIAN TIRE NEW SUDBURY



Someone Warn the Mice in Calgary! / Lady Vees on the Prowl!

By: Phil Andrews

Consider this hypothetical scenario. Small-school university basketball team loses an excellent rookie prospect and a solid veteran with identical severe knee injuries, during the summer, well before training camp. The university itself begins the year with an extended faculty strike. During the course of the year two of the team's most dependable leaders are out of action or considerably hobbled for a bulk of the club's schedule. By mid season the bespectacled coach is starting five first year players for virtually every game. The team as always is playing in one of the most competitive divisions in the entire country and every player is quietly confident that they can defeat the nation's top ranked team, Calgary, which is currently adding to its North American record for most consecutive wins by a women's university basketball team - so long as Calgary makes it to the finals to play them.

Behold the incredible story of the 1989-90 version of the Laurentian Lady Vees basketball team. For years this varsity squad has been the pearl of the oyster that is Laurentian. Neither the coaches nor the players want to be looked on as the mouse from Laurentian that roared in the CIAU world, rather they proudly regard their school and their program as a national power and year in and year out they have earned that respect throughout Canada. The Lady Vees have established a tradition of excellence that is the envy and the terror of virtually all the other women's university basketball programs in the nation. Refreshingly in this changing world, the Lady Vees are also about uniting education and athleticism through a common band of success. Each year, this program is under the pressure of high expectation from the Laurentian community and the city of Sudbury and each year the program delivers. This year's team is the latest fruit from this magnificent vine of sporting heritage. Perhaps this year's team is even more special.

Consider again my hypothetical team. Only a team on a magical season of destiny would seem to be able to overcome what this group has had to. Laurentian Athletic Director and Lady Vees basketball coach for the last eleven years, Peter Ennis, says that his expectations heading into this season were no different than any other year. He says that each year he enters the season with goals to win the provincial crown first and then to challenge at the national championships for the title. Each year when the smoke clears his charges have consistently put Laurentian among the top five teams in the country. However, this year, the coach could have been excused for lowering his sights, for during the summer the team's fortunes suffered a pair of set-backs that could have had a very negative impact on the team. First, recruited Sudburian, Jennifer Leahey, whom Ennis called an "excellent high school player", blew out her knee during the summer ending her season before it began. Then, about one month later, Lady Vees veteran Laurie Lovell suffered an almost identical injury to her knee as that which befell Leahey and she joined her young teammate-to-be on the long road to rehabilitation and off the Vees roster for 1989-90.

All was not lost however, for Ennis had scored a tour de force in recruiting that picked the pockets of Canada's larger universities and thwarted scholarship-toting representatives from the United States. Ennis, who calls recruiting his bottom line, says he goes into each recruiting campaign with the intention of attracting at least one high calibre basketball player to Laurentian each year. This year he managed six, seven counting Leahey. His recruiting style is hard, but honest. A Vees veteran says that in recruiting, Ennis projects the whole Laurentian experience: the school, the city and the university environment. She says Ennis' position as coach with the Canadian national team stimulates recruits, for they know "He can do something for you. He can make you take an extra step to become a better player." The coach stresses the success of his pro-

gram and can draw on an alumni like the present head coach of the CIAU leading Calgary Dinosaurs, Donna Radakis, a Vees player in the late 1970's. A constant theme of Ennis in attracting high school phenoms is to underline 'what could be' if the recruit chose Laurentian. Obviously, this year the recruits bought the tomorrow that Ennis was selling, but they are doing it today.

Actually, the freshman group of 1989-90 is a story in itself. Laurentian was blessed in friendships and team associations that had existed before any of the rookies chose to be a Vee. As it happened, two of the players, Carolyn Swords and Martha Sandilands played for Ontario's provincial team last year while three others; Nana Robinson, Sue Stewart and Dianne Norman played for the Canadian National Junior Team. Bear with me because this begins to sound like a Wella Balsam commercial, because as Ennis recruited each separately the young ladies themselves began to compare notes and make collective decisions. You see, Miss Robinson of the Junior team happened to be a good friend of Miss Sandilands, on the provincial team and they told two friends to go to Laurentian and so on, and so on and so on... The result was that all five chose Laurentian and the Lady Vees could become a dynasty for years to come. A most special added bonus was the signing on of another freshman, (freshwoman sounded funny) Tricia Stewart, a forward Ennis says, "has the potential to be a super player."

Ideally, as Ennis says, this would have meant an excellent blend of youth and experience for his Lady Vees starters this season, but again it has been a season of overcoming and rising to the occasion. The problem once again was injuries and this time they were during the season to two key performers; team captain Shirlene McLean and fellow veteran Chantal St. Martin. Expected to be cornerstones of the team, McLean has been bothered season-long by nagging injuries, while St. Martin has been out of the line-up since November 21. One Lady Vees vet said the team truly came together under the adversity of having to play without starters

McLean and St. Martin at full strength. Obviously, Ennis did not panic.

He and assistant Angie MacDonald, a former player from 1977-80, simply let the team challenge itself to fill the voids left by the intense, skilled, quarterback McLean and the swift, talented St. Martin. Ennis and his players openly state that those who play well in practice will play in the games. One player says that "everyone knows the five most consistent, best players during the week of practice that best match up with the upcoming team will start." For the past two and a half months those five have been the rookies Norman, Robinson, Stewart, Sandilands and Swords. One might think that there would be some veteran rookie animosity, but all associated with the team suggest the contrary. They say the talented rookies push the skilled veterans for their mutual benefit and that in any event the team is tightly knit and has no malignant factions within it.

The team plays a very up tempo running game and boasts one of the nation's stingiest defences. It executes a run and gun, rapid transition game, which suits all the teams players. Veteran Christine Stapleton stresses "We work on defense in practice, but we all love to run. We establish the pace of the game offensively. We try to make the opposition adjust to us." A reason for the team's success this season is their blessing of a team of capable scorers so that the opposition cannot key their defense on any individual. The Lady Vees have six players who consistently contribute between 8-14 points per game and among these Coach Ennis says Diane Norman and Shirlene McLean are good threats to mesh between 15-20. Also helping is the fact that the squad can present so many different looks. The Lady Vees can put five six foot Amazonian she-devils of the roundball on the floor and still have some spare change on the bench.

Ah yes...the bench. This is a tower of strength for the Lady Vees. By his own admission, Coach Ennis uses about ten players on a regular basis, but every member of his extremely deep bench sees playing time. He worries about remembering that his troops

on the bench are persons and not just ball players and this is one reason the whole team respects him and is a chief factor behind the outstanding production of the Lady Vees subs. Ennis' bench is well endowed with versatile, gifted offensive and defensive team players. For the past two and a half months players like spark-plug guards Sue Foy, Tracy Phelps and Louise Boulanger as well as seasoned forwards Jennifer Adams, Christine Stapleton and rookie Tricia Stewart have been vital cogs in the machinery of success, coming off the bench to contribute for coaches Ennis and MacDonald.

The best part of the 1989-90 story is yet to come. Shirlene McLean is back in fighting trim once more and Chantal St. Martin is on the way. Their return is coinciding with the stretch run to the play-offs and they can only help an already positive situation. There are a lot of hoops to be exploited between now and the end of the year, but already this team appears to me to be marked for greatness. Their youth bodes well for the future. Coach Ennis says "If I was coaching elsewhere I would be very intimidated at the thought of this team having six rookies and getting better." Indeed, but for the veterans the clock is ticking and the young seem impatient. For these basketball gladiators there can be no tomorrow until the completion of today. This is a special, proud and spirited crew. Their quiet confidence is inspiring. The University of Calgary may have never lost in almost 60 games, but our Lady Vees want them. "We are the cat ready to pounce on the mouse," says one Vee. Without doubt they have nothing to lose. So if you go to Laurentian or for some reason are reading Lambda and live in Sudbury, don't miss out on something special. Come out to the Ben Avery Gymnasium. Come and see Peter Ennis coach with his heart for all the world to see. See the composed Angie MacDonald and behold the truly special, very exciting, and proud to-be-Laurentian's, Lady Vees basketball team on their way to earning the nickname of the CIAU team of the nineties. Do it for the team and do it for yourself. Experiences like this last a lifetime.

Athletes of the Week

(for the week of February 12-16)

Name: **Rick Dagenais**
Team: Track and Field
Event: 60 M hurdles
Program: Spad, 3rd year

This weekend, Rick placed second with a hand time of 8.4 seconds, which unofficially establishes a new school record. In every meet he has competed in, Rick has lowered his personal times and set new school records in the process. This is his third year on the track team.

Name: **Joanne Archambault**
Team: Track and Field
Event: Shot put
Program: Phed, 1st year

This weekend, Joanne placed first in the shot put at the Toronto Classic. She has consistently placed as one of the top three competitors all season. Last year's OFSAA Champion has her sights set for the OWIAA Championships where she would like to set a school record.

Laurentian Athlete Named OWIAA Athlete of the Week.

Congratulations to Rachel Holden, a member of the Laurentian University Nordic Ski team. The 21 year old Kinesiology student from Deep River placed first, out of a field of seventy skiers, in the women's 10 km freestyle in this weekend's meet held at Laurentian. Rachel also anchored the women's relay team, which came in first place out of the thirteen teams which competed. Rachel will be competing in the OWIAA Nordic Skiing Championships in Ottawa on February 24-25.



Men's Basketball Vees Struggle

By: Denton Anthony

Before heading into last weekend's contests, the Voyageurs were 8-1 in their last nine games and were fresh off a convincing win over then 6th ranked Concordia University. However, the Voyageurs dropped a pair of games at home last weekend, their first losses at home since the new year.

Friday night the Voyageurs hosted U of T in a game that would decide first play in the Central Division. In an emotional, physical game, the Voyageurs lost 87-74. The game was closer than the final score indicated. In the second half the score was once tied at 51 but the Voyageurs could do no better. The loss of starting forward John Campbell to an ankle injury late in the first half did not help matters. Rob Gilpin had 24 points for the Vees and Norm Hann had 16.

Saturday night, the Voyageurs simply played poorly. It seemed like they could not get into a steady rhythm for the entire game. They trailed by nine at halftime, 42-33. In the second half, the Vees continued to struggle, finally giving way 80-61. Earlier in the year at Queens, Laurentian beat Queens by 19 points. In the Saturday game, Brad Rollo had a solid all-round game and led Laurentian with 16 points.

Fan Appreciation Night at Sudbury Arena

This Sunday at Sudbury Arena, our Vees challenge University of Quebec Three Rivers in their final hockey game of the season. The Vees would like to thank all those loyal fans who supported them throughout their difficult season with a fan appreciation night. Every fan will receive a bag of chips from Hostess plus an opportunity to win other prizes. Come out and cheer really loud in this final home stand. LAURENTIAN vs. UQTR, 8:00 pm at Sudbury Arena

Men's Curling Team Wins Silver

The Laurentian Men's Curling team had the opportunity to reclaim the OUAA Championships. In the final game of the round robin the Vees defeated Queen's by a score of 6-5. This left both Queen's and Laurentian with records of 4-1, forcing the two teams to play each other again in a tie-breaker for the gold medal. This time Queen's was victorious, defeating the Vees by a score of 6-5, leaving Laurentian second in the OUAA and Queen's the new OUAA Champions.

UPCOMING EVENTS

MEN'S BASKETBALL

Feb. 16	Laurentian at Ryerson	8:00 pm
17	Laurentian at York	8:00 pm

SWIMMING

Feb. 17	OUAA Finals at Laurentian
18	OUAA Finals at Laurentian

WOMEN'S BASKETBALL

Feb. 16	Laurentian at Ryerson	6:00 pm
17	Laurentian at York	6:00 pm

HOCKEY

Feb. 18	U.O.T.R. at Laurentian	8:00 pm
	(at Sudbury Arena)	

Please accept this invitation for the opportunity of a lifetime.

If you have what it takes, whether it be writing action packed articles, taking fabulous photos or any other related duty, Lambda Sports opens up its doors to you.

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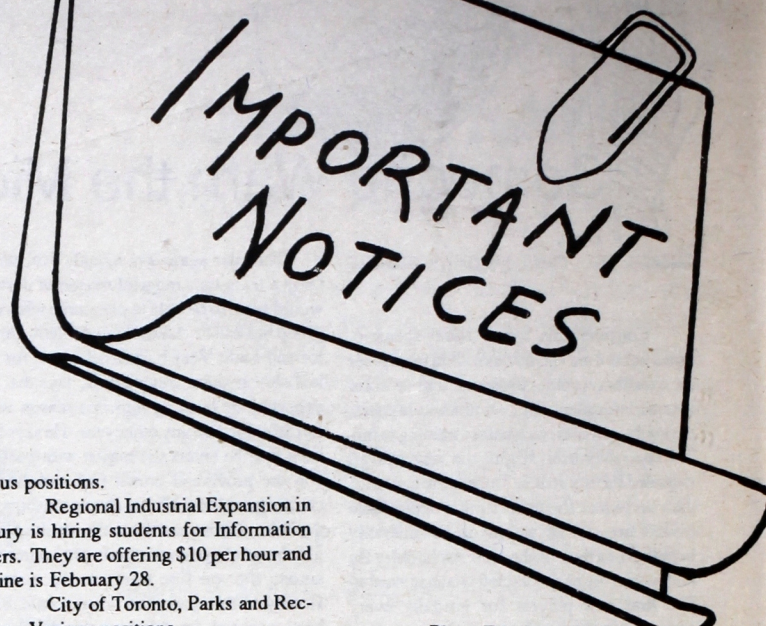
Attention all students. Deadlines are fast approaching for permanent and summer positions. Here is an updated list of opportunities.

Permanent full time

- Glaxo Pharmaceutical is still accepting resumes
- Pinedale Group Home, in St. Charles, is in need of a live-in counsellor from Monday morning to Friday morning. Salary is \$432. per week.
- Ministry of Financial Institutions in Toronto, looking for a bilingual Licensing and Research Officer. Salary range is \$38,000 to \$46,000 per year. MBA or Business grads only.
- Statistics Canada in Toronto, has a position for a Manager, Native Enumeration. Contract position till July 1991.
- MSR Inc. in Toronto is in search of a Translator for Accounting procedures manual.
- Canadian Institute for Radiation Safety looking for a staff scientist in Saskatoon. Ph.D or M.Sc. in Physics, engineering physics or a related discipline preferred.
- Custom Cheques of Canada in Toronto, is seeking a bilingual Sales Representative.
- Delta Projects is a software engineering firm in Mississauga. They are seeking someone in Computer Science with "C", "DOS", "UNIX" AND "XENIX".
- Ministry of Transportation in Downsview has openings for: intermediate technicians, senior technicians and consultant control officer. Deadline is February 16.
- Ministry of Transportation, Administrative Development Program. Positions open to Business/Commerce, Economics, Public Administration, Political Science, History/Geography, Sociology, and Industrial Relations. Salaries of \$27,885 per annum. Deadline February 23.
- National Grocers in Toronto is in search of a French translator
- Imperial Life, agents required. Deadline is February 23
- Kawartha Haliburton Children's Aid Society is looking for Social Workers. Interviews will be held on campus on March 2. Come in and schedule yourself for an interview.
- Nuden Vinyl Products, in Sudbury. Accountants wanted at the CGA level. Bilingual required.
- Mutual Group in Kitchener wants grads with computer background.
- Regional Municipality of Sudbury seeks Health and Social Services fieldworkers. Deadline is Friday March 2.

Summer Employment

- 1 Easter Seal Society: Camp staff for camps in the following areas: Kirkland Lake, Collingwood, London, Perth, Wainfleet.
- 12 College Pro Painters, always in search of painters in many areas of Toronto
- 13 Camp Walden, in Palmer Rapids, Ottawa area, in need of camp staff
- 14 Placer Dome, in British Columbia, for mining, metallurgy and geology students.
- 19 Painters Plus, in search of painters
- 20 New Forest Contractors, Tree-planting.
- 21 Brinkman and Associates, tree-planting. Interviews on campus March 2.
- 22 Ontario Place Corporation, many positions. Deadline is January 30 but will accept applications till all positions are filled.
- 24 COSEP, the Career Oriented Summer Employment Program, has positions to offer at Historic Canals, National Historical Sites and National Parks in Honey Harbour, Brockville, Leamington, Tobermory, Marathon, Kingston, Amherstburg, Prescott, Richards Landing, Gravenhurst, Kitchener and Niagara-on-the-Lake. Also many other positions throughout Canada. deadline for applying is February 28. A new position of Historical Interpreter for the Mackenzie Historical Site in Ottawa is also available. Candidates must be bilingual and COSEP form is required.
- 26 Huronia Historical Park in Midland is looking for historical interpreters. They will accept applications till all positions are filled.
- 28 A & M Enterprises. Treeplanting.
- 29 Broland Enterprises. Tree-planting.
- 30 Asarco Exploration. Positions in Sudbury for Geology students. Deadline is February 19. Interviews March 5.
- 31 Reena Foundation, located midway between Newmarket and Orangeville, is looking for camp staff. This is a camp for the developmentally handicapped. Applicants must have interest and/or experience with individuals who have special needs.
- 32 Collins, Barrow, Maheu, Noiseux, C.A.: looking for accounting students. Position in Sudbury. Deadline February 16.
- 33 Northern Uniform Service in Sudbury. Position: Accounting clerk. Deadline February 16.
- 34 Peat Marwick Thome, C.A., Accounting student. Deadline February 28.
- 35 Ontario March of Dimes is operating a summer camp at Villa Loyola in Sudbury. Looking for camp staff.
- 36 Atomic Energy in Pinawa, Manitoba. Various position. Deadline February 28.
- 37 Toronto Tours/Harbourfront Corporation. Visitor services positions. Good salary.
- 38 Camp Solelim in Sudbury is looking for a camp nurse.
- 39 Ministry of Tourism and Recreation is looking for personnel for their Ontario Tourist information Centres in the following areas: Barrie, Windsor, Cornwall, Fort Erie, Fort Frances, Kenora, Hill Island, Hawkesbury, Lancaster, Pigeon River, Niagara Falls, Prescott, Samia, Toronto, St. Catharines, Rainy River, Sault Ste. Marie. Deadline for applying is February 23.
- 40 Ministry of Community and Social Services is administering a D.A.R.E. project. (Development through Adventure, Responsibility, and Education). Positions available for waterfront instructors and other types of instructors.
- 41 Ontario Legislative Assembly in Toronto requires Information Officers for the Legislative buildings. Deadline for applying is February 23.
- 42 Treeline, treeplanting.
- 43 Department of Fisheries and Oceans, requires students for biological studies on the Lamprey population in the Great Lakes. Deadline is February 23.
- 44 Student Painters, currently looking for franchise managers and painters.
- 45 INCO Gold for Geology students. Deadline February 17.
- 46 Canada Employment Centre for Students, is hiring Student Placement Officers. Deadline is February 28. Please submit COSEP form and resume and covering letter stating which location is desired, Sudbury or Espanola, to our office and send one COSEP form to the address listed on the inside of the form.
- 47 Township of Pickle Lake, north of Thunder Bay, is looking for a Recreation Director/Program Coordinator. Salary will be \$10 to 14 per hour.
- 48 Wilderness Reforestation, tree-planting
- 49 Canadian Protective Products is for entrepreneurial young people to run their own summer business, sealing driveways. City of Toronto, Parks and Recreation.



Various positions.

- 50 Regional Industrial Expansion in Sudbury is hiring students for Information officers. They are offering \$10 per hour and deadline is February 28.
 - 51 City of Toronto, Parks and Recreation. Various positions.
 - 52 Regional Industrial Expansion in Sudbury is hiring students for Information Officers. They are offering \$10/hour and deadline is February 28. Please submit COSEP form and resume to our office and also send one COSEP form to the address on the inside of the form.
 - 53 Hotchkiss Forestry Enterprises, treeplanting
 - 54 R. & D., treeplanting.
 - 55 Indian Management Assistance Program, (IMAP), need students from the graduate level or from a second degree. Deadline is February 23 and salary is \$1425 to 2035 per month
 - 56 Native Internship Program. Deadline is February 28.
 - 57 Canadian International Student Services, a camp for international students, requests camp staff for all positions.
 - 58 Deep River Science Academy, in Chalk River, will be hiring 21 science and engineering students for research projects in national laboratories and one business student for administrative services. Deadline March 13.
 - 59 Paint Brushers Inc., is presently looking for franchise managers.
 - 60 Variety Village in Scarborough, is a sport and training fitness centre for disabled youths. They are seeking research assistants at \$10 per hour.
- Work Study
Openings available from now until the end of April.

Phys. Ed. dept. needs typist, an assistant to the professor for mostly computer work, (ideal for science students), and a data input clerk with McIntosh and P.C. experience.

Faculte de l'education, est en recherche d'un(e) etudiant(e) pour traduire textes sur ordinateurs McIntosh, Microsoft, etc. Doit maitriser le francais et l'anglais. All above positions require students who qualify for work study.

For more details on all these positions and others, please contact us at the Canada Employment Centre on Campus G-3, Single Students' Residence.

Gabrielle Lavigne, Manager.

Lady Vees

The Lady Vees extended their unbeaten streak to 10-0 this weekend. On Friday night, the ladies walked all over U of T and won by a score of 84-39. Carolyn Swords and Shirlene McLean where the Vees high scorers with 17 and 10 points respectively. On Saturday night, the Vees beat Queen's 86-48. Sue Foy, Nana Robinson and Chantal St. Martin all had a good game scoring 18, 14, and 12 points respectively.

AVEZ-VOUS DES PROBLEMES D'ARGENT POUVONS-NOUS VOUS DEPANNER?

Les bourses suivantes sont encore disponibles. Sauf avis contraire, elles seront accordees selon le besoin financier; les autres criteres paraissent ci-dessous.

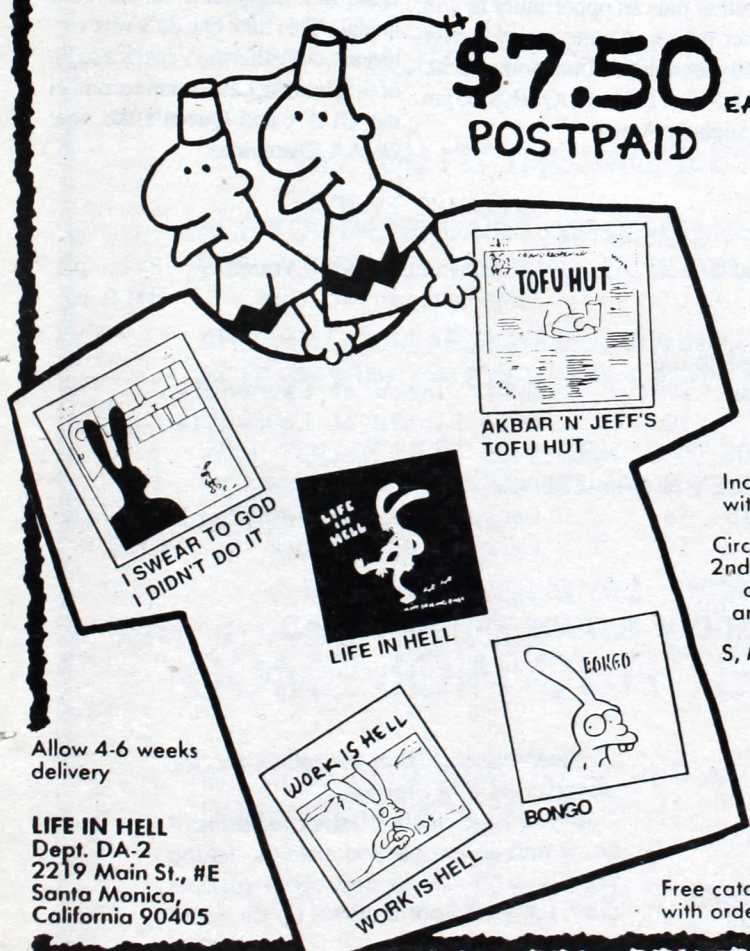
1. J.P. Bickell
- toute annee, programme de genie ou en sciences (geologie)
2. Bourse Sempie-Gooder - 300\$
-limitee a l'etudiant(e) autochtone, toute annee de tout programme
3. Les Bourses Brent Pollock (2x500\$)
-parent de l'etudiant doit etre un membre de la section 6500 M.U.A.
4. Bourses de l'Association des Anciens - 3 @ 150\$
-toute annee de tout programme, etudes a temps partiel
5. La Bourse Commemorative Angela Pries - 100\$
-rendement scolaire et besoin financier, Ecole de Traducteurs et Interpretes

Les demandes de bourses sont disponibles au bureau de l'aide financiere et doivent etre retournees au plus tard le vendredi, 23 fevrier 1990

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